

# UNDER THE CROWN

*A Quarterly Newsletter from*  
**KINGS LACROSSE**



## IN THIS ISSUE:

### BOX LACROSSE:

**KNIGHTS & KINGS BOX PROGRAMS**

### NATION'S BEST TEAMS:

**KINGS REPRESENTING IN FLORIDA**

### NEXT LEVEL KINGS:

**RECENT COLLEGE COMMITS**

### STANDING ON THE SIDELINES:

**COACH SPOTLIGHT - COACH DEANE**

### AROUND THE KINGDOM - FALL 2021

**YOUTH**

**HIGH SCHOOL**

### PLAYER SPOTLIGHTS:

2022: EMMET CONNOLLY - DEFENSE

2023: JOHNNY MULLEN - FO/MIDFIELD

2024: CHARLIE BOORAS - DEFENSE

2025: COLE RODGERS - ATTACK

2026: HENRY GACK - MIDFIELD

2027: ADAM NUTLEY - GOALIE

2028: BEN SNYDER - DEFENSE

2029: PETER DIXON - DEFENSE

2030: JACK COLEMAN - MIDFIELD

### WINTER TRAINING:

**ACADEMY & OPEN SKILLS**

### ALUMNI SPOTLIGHT:

**TIM LADNER - LIMESTONE COLLEGE '24**

### COMING IN FEBRUARY:

**FALL & WINTER PLAYER EVALUATIONS**

## **ALL -IN on BOX Lacrosse!!**

**Knights and Kings Box Programs leading the way...**

*By Chris McGuirk*

As field lacrosse continues to grow and evolve, traditional box lacrosse stays its course and emerges as the fastest growing segment of our sport, and a critical piece of the player development puzzle.

*(continued on pg 8).*



## **Nation's Best Teams competing in Florida this December!**



Our top Kings players have exclusive access to the "**Nations Best**" Program made up of top players from all 3STEP Lacrosse Clubs (Kings, 3d Nat'l, Annapolis Hawks, Thunder (Atl), NXT, Etc.

The complete annual offering for 2022 and beyond is still being solidified, but the first-ever **Nations Best** teams sponsored by New Balance, will be competing in the Orlando Area during this year's holiday break. Good luck to all our great Kings players representing our club!!

# NEXT LEVEL KINGS

## Recent 2022 & 2023 College Commits:



**EMMET CONNOLLY**  
2022 DEFENSE • BOSTON COLLEGE HS  
ENDICOTT COLLEGE




**MATT DIGIACOMO**  
2022 MIDFIELD • SANDWICH HS  
UNIV OF MARY WASHINGTON




**CHARLIE PACKARD**  
2023 MIDFIELD • HINGHAM HS  
UNIVERSITY OF RICHMOND




**RYAN DALY**  
2023 GOALIE • NORWELL HS  
UNIVERSITY OF VERMONT



## Previously Announced in Under The Crown:



**JESSE WOODILL**  
2022 DEFENSE • SANDWICH HS  
HAZARDETH COLLEGE



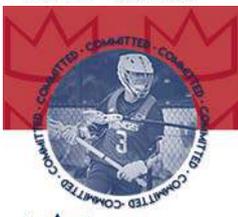

**JACK HOWARD**  
2022 ATTACK • SANDWICH HS  
BANK OF AMERICA UNIVERSITY



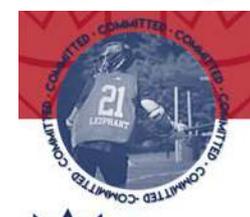

**JOHN MULLEN**  
2022 DEFENSE • NORWELL HS  
TRAVLER UNIVERSITY




**ADAM LABER**  
2022 FACEOFF • SANDWICH HS  
SALVE REGINA UNIVERSITY

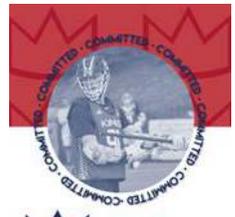
**NATE CURTIN**  
2022 ATTACK • NORWELL HS  
PLYMOUTH STATE UNIVERSITY

**WILL LEIPHART**  
2022 DEFENSE • HINGHAM HS  
CLARKSON UNIVERSITY




**DAN BADER**  
2022 DEFENSE • SANDWICH HS  
VASSAR COLLEGE

**CADEN PADELFORD**  
2022 ATTACK • SANDWICH HS  
UNIVERSITY OF VERMONT



# Standing on the Sidelines: Spotlighting Coach Andrew Deane

*By Greg Clements*

## Meet Kings 2027 coach, Andrew

**Deane.** Deane joins the Kings coaching staff this fall after coaching at the college level the last 8 years. He will serve as our 2027 Grade Coordinator as well as a goalie instructor with the Kings Goalie Academy. In just a few months, Coach Deane has already made an impact on our 2027 class, sharing his professionalism and experience with the boys. We're very fortunate to have him working with us, he's an outstanding teacher and coach.



Coach Deane comes to us with a wealth of coaching experience at the collegiate level. Upon graduating from Eastern Connecticut State University where he played all 4 years as a goalie, Deane moved from the goal crease to the sidelines as an assistant coach for the 2014 season. From there he had the opportunity to spend a year abroad coaching in England at Leeds Beckett University as their head coach.

In the Fall of 2015 Andrew came back to the states with the intent of continuing to coach at the collegiate level. He worked the next 6 years as a full-time college coach. He spent 3 years at both Western New England University in Springfield, MA and Bates College in Lewiston, ME. He would work at both schools under two well respected head coaches in John Klepacki at WNE and Peter Lasagna at Bates. He gained tremendous experience in all areas of the game working under these veteran coaches.

Most recently, Deane moved to Cape Cod where he is a PE Teacher, working with K-3 students at West Villages Elementary School in West Barnstable, MA. In his free time, Andrew enjoys spending time on the many outer Cape Beaches. Andrew and his fiancé Rachel reside in Dennis Port.



# Around the KINGDOM...

## Youth Teams:

*By Chris McGuirk*

### **FALL RECAP:**

This was the most robust fall programming we have ever had. With more training opportunities included than ever before!!!!

Sandwiched around our Oct and Nov tournaments, we had over 250 youth players and 30+ coaches on the field three days a week for 7 weeks in Sept and Oct. Totaling it all up, each players had access to around 25 individual training sessions... And, it showed with our performance in the events! Here is a quick summary of how we fared:

- 2030/31: Overall Record= 12-3-1 with 2 Championships! (Laxtoberfest & Mayflower)
- 2029: Overall Record = 12-9-1 with 2 Championships! (Cranberry & Mayflower)
- 2028: Overall Record = 7-5 with 2 Championships! (Cranberry & Mayflower)
- 2027: Overall Record = 8-7 with 1 Championship! (Scarecrow)
- 2026: Overall Record = 11-11-1

### **Added December Sessions:**

In addition to the Oct and Nov fall trainings, we included (in tuition) additional December sessions for all grades this year. Grades 3, 4, & 5 had a bunch of box sessions in Hingham; Grades 6&7 had 4 positional sessions in Cohasset; and Grade 8 has the "Training Takeover" sessions in Hanover with the Holy Cross coaches. The success of these additional December session has added depth to our overall offering and will certainly be expanded upon and included in the years ahead.

### **GEARING UP FOR WINTER SKILLS:**

Our A'La Carte winter skills have openings for all the upcoming Jan & Feb sessions. [CLICK HERE](#) to see the list what's available and join in if any fit your schedule!

**REMINDER**- We will be naming final Kings team rosters (Blue, Red, White) in early January, and all of our programming from March thru July will be team-based and listed on your Teamsnap Teampage.

**THANK YOU players & parents for your continued commitment to The Kings!**  
**#hailkings**



# Around the KINGDOM - Fall-Ball 2021

## High School Teams:

*By Greg Clements*

### FALL Wrap-up:

Our high school teams wrapped our fall schedule this past weekend. In each graduating class, we fielded teams at 4 events with teams competing in 2 single-A (A) events and 2 double-A (AA) events. Highlighting the fall was our 2023 and 2024 teams competing in front of a big lineup of college coaches at the NXT Philly Fall Invitational and the 3d Fall Classic (Taunton, MA). Our teams did well at each of these events, as we continued to provide our players the opportunity to prove themselves as we begin to prepare our summer rosters.

In addition to our 2 big recruiting events, our 2023's took home medals at the Primetime Fall Classic for their 1st place finish and our 2024's and 2025's also competed hard on this rain soaked Sunday in late October. Our teams also made trips to the CT Cup (23, 24 & 25's) and the Bulldog Brawl (25's).

Lastly, we had several individuals that were standouts at the events and or showcases they attended and recognized as All-Stars at the respective events they attended.

Will Emsing - 2023 Attackman - NXT Philly Showcase & 3d Fall Classic All-Star

Jackson Chase - 2024 Attackman - Tabor Academy - 3d Fall Classic All-Star

Colton Manorek - 2024 - Catholic Memorial HS - 3d Fall Classic All-Star

Charlie Booras - 2024 - Norwell High School - NXT Philly Showcase All-Star

Ronan Schipani - 2024 - Norwell High School - NXT Philly Inv. Showcase All-Star

Parker Burnett - 2025 - Hingham High School - Elite Showdown Showcase All-Star

## What's next for our High School athletes?

### Training Takeover w/ Holy Cross:

Tuesdays, December 7, 14 & 21 @ Starland, Hanover, MA

Kings 23, 24, 25 & 26 players will have the opportunity to experience 3 - 90 minute training sessions in December designed and led by Division 1 college coaches. This unique training experience allows our players to train and build relationships with these great coaches.

### High School - Winter Training Sessions:

Tuesdays, January 4-March 1 - 6:30-7:30pm @ Starland, Hanover, MA

Each Tuesday this winter, we will be busy taking our game to the next level with our High School Training sessions. This is the time of year where we pump high volume repetition and build those skills and habits that will elevate your game and have you ready for the spring season.

**THANK YOU players & parents for your continued commitment to The Kings!**

**#hailkings**

# 2022-2030 PLAYER SPOTLIGHTS



## 2022: Emmet Connolly Boston College High School Defense

Emmet played on the Division 1 State Finalist team at BC High last spring.

**Favorites:**

**Place:** Ireland

**Food:** Lasagna

**Class:** English

**Athlete:** Kevin Durant

**Lacrosse player:** Jordan Wolf

**Person:** My grandmother

**Kings coach:** Shawn Condon

**Most Memorable moment playing for the**

**Kings:** "Winning the championship at Stowe in 8th grade!"

"Emmet's tenacity and physical play combined with his ability to create and recover loose balls make him an asset to any team. The coaches at Endicott are going to love his style of play!!"  
- '22 Coach Shawn Condon

**Emmet has played with the Skipjacks, Boston Kings & Kings for 9 years!!**



## 2023: John Mullen Norwell High School Midfield / Face Off

Johnny plays varsity soccer, basketball & lacrosse at Norwell HS.

**Favorites:**

**Place:** My house

**Food:** Chipotle

**Class:** Math

**Athlete:** Mike Tyson

**Lacrosse player:** Joe Nardella

**People:** My parents

**Kings coach:** Chris McGuirk

**Most Memorable moment playing for the**

**Kings:** "Competing in the US Lacrosse Nationals in 8th grade".

"Johnny has the ability to control the pace of the game with his dominance at the face-off X.....as 1 of the top FOGO's in the country, he has committed to attend Syracuse University in the fall of 2023" - '23 Coach Greg Clements

**Johnny has played with the Skipjacks, Boston Kings & Kings for 8 years!!**



## 2024: Charlie Booras Norwell High School Defense

Charlie played varsity lacrosse at Norwell High School as a freshman in '21. He also plays varsity hockey for the Clippers.

**Favorites:**

**Place:** Malibu, CA

**Food:** Steak

**Class:** History

**Athlete:** David Pasternak

**Lacrosse player:** Matt Dunn

**Person:** My grandfather

**Kings coach:** Matt Clement

**Most Memorable moment playing for the Kings:** "Team Camp at Cape Cod Sea Camps in 2018".

"Charlie footwork and strength are keys to his game and leading our '24 defense. He was recognized as an all-star at the summer & fall Philly Showcases, covering the best attackmen on opposing teams." - '24 Coach Ryan Murphy

**Charlie has played with the Skipjacks, Boston Kings & Kings for 7 years!!**



## 2025: Cole Rodgers Sandwich High School Attack

Cole played varsity lacrosse as a freshman in '21 and also plays basketball at Sandwich HS.

**Favorites:**

**Place:** Upper Peninsula, Michigan

**Food:** Tacos

**Class:** Science

**Athlete:** Joel Embiid

**Lacrosse player:** Grany Ament

**Person:** My older brother Aiden

**Kings coach:** Ryan Murphy

**Most Memorable moment playing for the**

**Kings:** "Winning the Primetime tournament in New Hampshire this past summer".

"Cole's size & ability gives him an edge against his defenders. His dodging and IQ puts him in positions to make big plays and assist his teammates. His unselfishness keeps everyone involved but he can make a play when we need it most."

- '25 Coach Marcus Craigwell

**Cole has played with Team Cape Cod, Cape Cod Kings & Kings for 6 years!!**



## 2026: Henry Gack Scituate, MA Midfield

Henry also plays hockey in Scituate.

**Favorites:**

**Place:** Florida

**Food:** Hot Dogs

**Class:** Civics

**Athlete:** Nick Chubb

**Lacrosse player:** Jared Bernhardt

**Person:** My Dad

**Kings coach:** Coach Tierney

**Most Memorable moment playing for the**

**Kings:** "Playing in our first tournament after COVID with my teammates playing in New Hampshire coming out strong!!"

"Henry's commitment to the game of lacrosse is infectious. He is a team-first player with a well rounded skill set and high compete level that allows him to make positive plays on all areas of the field."

- '26 Coach Chris McGuirk

**Henry has played with the Boston Kings & Kings for 5 years!!**



## 2027: Adam Nutley Marshfield, MA Goalie

Adam also plays football for Marshfield.

**Favorites:**

**Place:** Hawaii

**Food:** Pepperoni Pizza

**Class:** English

**Athlete:** Tom Brady

**Lacrosse player:** Blaze Riorden

**Person:** My Dad

**Kings coach:** John Todd

**Most Memorable moment playing for the**

**Kings:** "Earning a shutout vs. the NH Tomahawks."

"Our 2027's absolutely love playing in front of Adam, because they know he's got their back. He seems to always make his biggest saves when we need them most; He's a great teammate to his peers, both on and off of the field."

- '27 Coach Andrew Deane

**Adam has played with the Boston Kings & Kings for 5 years!!**



**2028: Ben Snyder**  
**Norwell, MA**  
**Defense**

Ben also plays football, baseball and enjoys skiing & biking. Ben also plays defense for the Knights Box Lacrosse PeeWees.

**Favorites:**

**Place:** Stowe, VT

**Food:** Burgers

**Class:** Science

**Athlete:** Nick Chubb

**Lacrosse player:** Lyle Thompson

**People:** My Parents

**Kings coach:** Mike Forns

**Most Memorable moment playing for the Kings:** "Scoring my first club goal in 3rd grade against the Cape Cod Kings at the Battle for the Buoy."

"Ben plays exemplifies team defense. He plays aggressive yet under control, can disrupt the flow of the opponent's offense with his spacing and stick in passing lanes. He attacks ground balls with tenacity". - '28 Coach Mike Forns

**Ben has played with the Boston Kings & Kings for 4 years!!**



**2029: Peter Dixon**  
**Hingham, MA**  
**Defense**

Peter also plays hockey and loves to ski.

**Favorites:**

**Place:** Any beach!!

**Food:** Tortellini

**Class:** Math

**Athlete:** John Tavares

**Lacrosse player:** Cade Van Raaphorst

**Person:** Paul Rabil

**Kings coach:** Bill Wallace & Mark Nutley

**Most Memorable moment playing for the Kings:** "Beating Team 91 at 2021 Lax Fest in New Jersey".

"Peter is a tenacious defender with an IQ far beyond his experience. His exceptional positioning on defense is what regularly neutralizes the opponent's best player. He also carries the ball with confidence making him hard to stop when clearing the ball. He will be a pleasure to coach for many years to come".

- '29 Coach Shawn Tierney

**Peter is playing his 3rd season playing with the Kings!!**



**2030/31: Jack Coleman**  
**Pembroke, MA**  
**Midfield**

Jack also loves to play football and basketball.

**Favorites:**

**Place:** The beach

**Food:** Steak

**Class:** Writing

**Athlete:** Josh Allen

**Lacrosse player:** Paul Rabil

**People:** My Parents

**Kings coach:** Adam Grier

**Most Memorable moment playing for the Kings:** "Playing on the frost covered turf field at Forkicks Taunton."

"Jack has been an absolute force on the field. He has warrior-like determination and a positive attitude at all times. These attributes are what make Jack a pleasure to coach and a leader in the eyes of his teammates.."

- '30/31 Coach Adam Grier

**Jack is playing in his 1st year with the Kings. Welcome aboard Jack!!**

**TAKE YOUR GAME TO THE NEXT LEVEL....**  
**TRAIN WITH THE KINGS!!**

**KINGS ACADEMY (Grades 1-5)**

For elementary players

Mondays in Bridgewater - 6:00-7:00pm - 12 spots left

Wednesdays in Cohasset - 6:00-7:00pm - 16 spots left

Thursdays in Falmouth - 6:00-7:00pm - 8 spots left

**KINGS OPEN SKILLS (Grades 5-8)**

Starting in Jan:

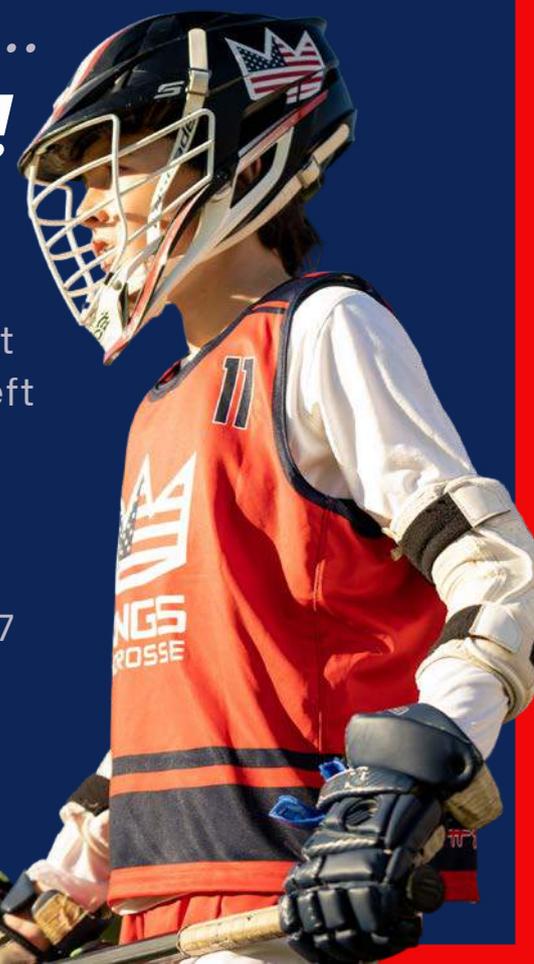
Tues Shooting in Hanover - 6:30-7:30pm - 2029-2027

Wed Skills in Cohasset - 6:00-8:00pm - 2031-2026

Wed Skills in Falmouth - 6:00-8:00pm - 2031-2026

Thur in Hingham - 5:00-6:00pm - 2031-2029

**SPOTS ARE FILLING FAST, DON'T WAIT!!**  
**Go to [kingslax.com/camps\\_clinics/](http://kingslax.com/camps_clinics/)**



# **ALL -IN on BOX Lacrosse!!**

by **Chris McGuirk**

## **Knights and Kings Box Programs leading the way...**

...continued from page 1...

Kings Lacrosse has embraced the box game and become a leader in the Northeast with two different box programs... The “external” [Knights Box Lacrosse Club](#) as well as their “internal” [Kings Box Lacrosse Program](#).

Between the two offerings, Kings players have every opportunity to get all the fun and critical development the box game offers. Here’s a little insight on both of our box programs...



### **THE KNIGHTS BOX LACROSSE CLUB:**

The Knights Box Lacrosse Club is in its second winter and was started by Kings Co-Director Greg Clements. Greg, with the help of his old teammate (and friend) Randy Fraser, had the crazy idea to start an exclusive, tryout-based, box club in the middle of the pandemic. The focus of the club is to get top players from multiple field clubs to come together to learn from (and compete against) the best. The success of the program has surpassed anything Greg could have envisioned. In this, their second winter, they had almost 150 kids tryout (from multiple different field clubs) and are fielding 5 elite teams from 5th-12th grade.

“It is the teaching and the competition level that sets us apart”, said Coach Clements when describing The Knights. “There is indoor lacrosse out there, but playing the box game the “right way” is a very different thing and requires coaches with experience and players with the ability and willingness to learn. That’s what Knights is about.”. And, Greg isn’t kidding about coaches with experience...

- **Greg Clements** (Knights Director) played 5 years in the NLL (pro box league), and has been coaching for 30+ years since at every level.
- **Randy Fraser** (Knights Curriculum Director) is one of the most dominate American box players of all time over a 13 year PLL career. Since retiring, Randy has coached at every level of the field and box games. Including 11 years in the NLL and 5 years for Team USA.
- **Tom Howe** (Knights High School Coach): Born and raised in Ontario into a lacrosse family (hid dad is in the Canadian HOF, and his brother is in the Ontario HOF), Tom has been playing and coaching box lacrosse his entire life at every level.

### **THE KINGS BOX PROGRAM:**

For our Kings players who want to learn the box game, but don’t have the ability or interest to go “all-in” with The Knights, we are now offering our Kings Winter Box Program. In its first winter, Kings players (5th-8th grade) who participate have one training night a week and will play in games in Jan and Feb. The program WILL GROW next year to include more and will be offered to our 3rd&4th grade Kings.

Leading our curriculum this winter (and likely the whole program next year) is [Mike O’Brien](#).

- As a player, Mike played at Hobart (team captain), Junior A Box (in Canada), and professionally in the NLL (Minnesota Swarm).
- As a coach, Mike has coached field and box at almost every level. He is most recently the head coach for the USA U15 Box Team, and is currently an assistant coach at BC High (with Kings 2025 Head Coach Marcus Craigwell) .

# Alumni Spotlight:

## Tim Ladner

*Q & A's with Coach Murphy*

**College:** Limestone College '24

**High School:** Sandwich (MA) '20

**Position:** Face-Off/Midfield

**Major:** Business Finance



Since his time playing with the Kings, Tim has moved on to further his education and playing career at Limestone College. Let's catch up with Tim Ladner:

### **What was your favorite moment as a king?**

- Playing in the Stowe Lax Festival. Playing Club lacrosse wasn't like high school where you see your teammates everyday in school. I enjoyed Stowe because I got to hang out with my club teammates all weekend on the field as well as going cliff jumping and games at the hotel.

### **When did you commit to Limestone?**

- Fall of my senior year of high school

### **Why did you choose Limestone?**

- Top 2 factors were the weather and the coaching staff. It is nice to wear shorts at every practicing!
- The coaching staff made me feel at home even though the school is far away. They don't just treat you as a number on a roster. Every player has a role.

### **What is the best part about playing college lacrosse?**

- My teammates and the comradery that goes with it. There are 50-60 of us depending on the year. Every player plays a role to work toward the same goal.

### **What is the biggest difference between high school and college lacrosse?**

- The speed! Everyone is big and fast.
- Learning different levels of the game that you don't see in High School.
- Being flexible to play any position to get on the field. I was a FO in High School but with a senior and a grad student, there wasn't much room. I played defensive midfield and was able to play in mostly every game as a freshman.

### **Off of the field, what's the biggest difference between high school and college?**

- Being on your own. Especially being far away from home. Your parents can't just come visit to bring you Laundry or give you food.

### **What are your plans for after college?**

- I plan to get a job in the finance industry.